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| **NAME OF THE PROGRAMME** | **MASTER OF SOCIAL WORK** |
| **SEMESTER** | **II** |
| **COURSE CODE** | **MSW- 201** |
| **COURSE TITLE** | **SOCIAL WORK WITH INDIVIDUAL** |
| **NATURE OF THE COURSE** | **CORE** |
| **TOTAL CREDIT** | **4** |
| **MARKS** | **100** |

**Objectives:**

* To understand the values and principles of social case work and to develop the capacity to practice them
* To develop the knowledge and the skills needed to work with individuals in the social system
* To understand and apply the various techniques of social casework in different settings
* To understand the theories and approaches

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| **Unit** | **Name of the unit** | **Contents** | **L** | **T** | **P** | **Marks** |
| **1** | **and Development of Social casework** | * Origin and historical development of social casework. * Meaning, Objective and  purposes * Values/philosophical assumptions * Basic casework concepts-social roles in social environment and maladjustments, indications of casework * Importance, uses and types of communication used | 12 | 04 | - | 15 |
| **2** | **Casework process as a method of social work** | * Components, 4P’s- Person, Problem, Place and Process * Principles * Phases of casework * D.  Tools: home visit, collateral contact, interview. * E.  Techniques: supportive, resource enhancing, counseling. * F.  Use of relationship: transference, counter transference and resistance * G.  Principles and Skills of interviewing * H.  Casework recording: types and format, use of genogram and ecomap * Follow up | 12 | 04 | - | 15 |
| **3** | **Theories and Approaches** | * Diagnostic &  functional * Problem solving * Task  centered * Radical * Crisis intervention * Behaviour Modification * Existential * Eclectic * Similarities and differences among casework, counseling and psychotherapy. | 12 | 04 | - | **15** |
| **4** | **Settings of casework** | * Children in correctional home, * Casework intervention in family * Casework in crisis situation such as rape, disaster and suicide. * Casework with religious minority, LGBT and other socio economically disadvantaged community * Role of caseworker in various settings. | 12 | 04 | - | 15 |
| **TOTAL CONTACT HOURS** | | | 64 | | | 60 |

* **Note: End Semester Exam 60 Marks, In Semester 40 Marks (20 in Semester, 5 Presentation, 5 Assignment, 5 Classroom Participation and 5 Attendance)**

***References:***

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* Biestek, Felix P. 1987. The casework relationship. London: Unwin University Press
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* Hollis, Florence and Mary E.Woods. 1981. Case Work – Psychosocial Therapy. New York: Random House.
* Mathew, Grace. 1992. An introduction to Social Case Work. Bombay: Tata Institute of Social Sciences.
* Narramore, M. Clyde. 1978. The Psychology of Counselling. Michigan: Zondervan Publishing House.
* Nelson – Jones, Richard. 2008. Basic Counselling Skills. London: Sage Publications.
* Prashantham, B.J. 1975. Indian Case studies in Therapeutic Counselling. Vellore: Christian Counselling Centre.
* Richmond, E. Mary. 1971. Social Diagnosis. New York: Russel Sage Foundation.
* Tilbury. D.E.F. 1977. Case Work in Context. Oxford: Pergamon Press.
* Perlman, H.H. 1974. Social Case Work. Chicago: The University of Chicago Press.
* Upadhyay, R.K. 2002. Social Case Work. Jaipur: Rawat Publications
* Wasik, B.H. et. Al. 1990. Home Visiting Procedures for Helping Families. California: Sage Publications.