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| **Name of the Programme** | **Master of Social Work** |
| **Semester** | **II** |
| **Course Code** | **MSW 202** |
| **Nature of the Course** | **Core** |
| **Course Title** | **Social Work with Groups** |
| **Credits** | **4** |
| **Marks** | **100** |

**Course Objectives:**

* To understand the concept of groups and its importance and influence on individuals
* To understand social group work as a method of social work and its applications in various settings
* To develop skills and competencies for working with groups in diverse setting

**Learning Outcomes:**

By the end of the course, students will be able to:

* Understand group as a dynamic social unit and a resource for intervention
* Develop practical understanding of application of the group work method in various practice settings
* An understanding of various theoretical frameworks and their applications for group work practice
* Develop and strengthen professional skills for effective group work practice

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| **Units** | **Name of the Unit** | **Contents** | **L** | **T** | **P** | **Marks** |
| **1** | **Concept of group** | Definition, group identity, cohesion, characteristics, significance and types; Life as a process of adjustment with different types of groups; Group as an instrument of change. | **8** | **2** | **-** | **10** |
| **2** | **Social group work as a method of social work** | Definition, principles, assumptions, ethics, characteristics and purpose of social group work; Historical evolution of social group work. Models of Group Work. | **8** | **2** | **-** | **10** |
| **3** | **Group work process and phases** | Stages/Phases of Group formation: Pre-group, initial, treatment, and  critical phase, evaluation and termination; process and factors of group formation; formulation of goals and identification of problems to work; Role of the group worker: enabler, stimulator, supporter, guide, educator, resource person, therapist and supervisor. | **13** | **4** | **-** | **15** |
| **4** | **Group Dynamics and Group work related knowledge and skills** | leadership, isolation, decision making, team work, contagion, conflict, communication, relationships and bonding; Use of sociometry and sociogram in assessing groups; Theoretical Framework: Group therapy, Support Groups, Gestalt Therapy; Knowledge and Skills for the Group Worker: facilitation, programme planning, recording and documentation. | **13** | **4** | **-** | **15** |
| **5** | **Social Group Work in Different Settings** | Concept and dynamics of Self Help Groups, group work in  community settings, in institutional settings like hospitals, rehabilitation centres, children’s home, old  age homes, welfare settings, educational and youth development settings. | **8** | **2** | **-** | **10** |
|  | | | **64** | | | **60** |

* **Note : End Semester Exam : 60 Marks, In Semester 40 Marks ( 20 In Semester Exam, 5 Presentation, 5 Assignment, 5 Classroom Participation and 5 Attendance)**

**Suggested Readings:**

* Argyle, Michael. 1969. Social Interaction. London: Tavistock Publications.
* Bhattacharya, Sanjay. 2006. Social Work an Integrated Approach. New Delhi: Deep & Deep
* Button, Leslie. 1976. Development Group Work with Adolescents, London: Hodder and Stoughton Ltd.
* Cooper, Cary L. 1976. Theories of Group Processes. London: John Wiley & Sons.
* Crawford, K., Price, M., & Price, B. (2014). Group work Practice for Social Workers. London: Sage
* Day, Peter, R. 1987. Sociology in Social Work Practice. London: Macmillan Education.
* Douglas, Tom. 1978. Basic Group Work. London: Tavistock Publications,
* Ely, P.J. and M.K.McCullough. 1975. Social Work with Groups. London: Routtedge and Kegan Paul.
* Finlay, Linda. 1993. Group Work in Occupational Therapy. London: Chapman and Hll.
* Gillbert, Neil, et al. 1980. An Introduction to Social Work Practice, New Jersy : Prentice Hall, Inc., Englewood Cliffs.
* Heap Hen, 1977. Group Theory for Social Workers. England: Pergamon Press,
* Heap Hen. 1979. Process and Action in work with Groups. England :Pergamon Press,
* Heap Hen. 1985. The Practice of Social Work Groups A Systematic Approach. London: George Allen Unwin.
* Lindsay, T., & Orton, S. (2014). Group work practice in social work.Exetor: Sage
* Kanopka G. 1963. Social Group Work – A Helping Process.Engelwoodcliff: Prentice Hall
* Siddiqui, H.Y. 2007. Social Group Work. Jaipur: Rawat Publications
* Sondra, B., & Camille, P. Roman. (2016). Group work: skills and strategies for effective interventions. Binghamton, NewYork: Haworth Press
* Toseland& Rivas. 2000. An Introduction to Groups Work Practice. Boston: Allyn& Bacon.
* Trekker, H.B. 1975. Social Group Work. New York: Association Press.
* Trevithick, P. (2016). Group work: a handbook of effective skills and interventions.
* McGraw-Hill Education