|  |  |
| --- | --- |
| **Name of the Programme** | **M.A Social Work** |
| **Semester** | **IV** |
| **Course Code** | **MSW-406 (C)** |
| **Nature of Course** | **DSE** |
| **Course Title** | **Mental Health And Social Work** |
| **Credits** | **3** |
| **Marks** | **100** |

**Objectives:**

* To understand the need, scope and relevance of social work in the field of mental health
* To familiarize with the common problems that affects the mental well being of various groups of people.

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Unit** | **Name of the unit** | **Contents** | **L** | **T** | **P** | **Marks** |
| **1** | **Psychiatric Social Work** | History and scope of psychiatric social work; changing perspective of psychiatric social work; changing trends in mental health care; India view of mental health and well being. | 08 | 02 | - | 10 |
| **2** | **Life – stress and Coping** | Stress and Mental health problems especially among children, adolescents, women, workers, elderly and related to physical illness, coping with stress and crise; use of internal and external resources in coping. Family support for coping. | 08 | 03 | - | 13 |
| **3** | **Common Mental Disorders** | Symptoms, causes and treatment of Neuroses, Psychoses Psycho Physiological Disorders, Personality Disorders.Alcoholism, Drug abuse and Suicide. Mental Retardation and Alzheimer’s disease, sexual deviation, epilepsy, culture bound syndrome. | 08 | 03 | - | 13 |
| **4** | **Childhood Disorders** | Autism & infantile schizophrenia, attention deficit and hyperactivity disorder, behaviour and habit disorder, specific developmental disorders, disorders associated with eating, speech and sleep, scholastic backwardness, identity crisis. | 08 | 02 | - | 12 |
| **5** | **Psychiatric Assessment** | History taking and mental status examination, psycho social and multidimensional assessment of mental disorders in psychiatric social work. | 08 | 02 | - | 12 |
| **TOTAL CONTACT HOURS** | | | 52 | | | 60 |

* **Note : End Semester Exam : 60 Marks, In Semester 40 Marks ( 20 In Semester Exam, 5 Presentation, 5 Assignment, 5 Classroom Participation and 5 Attendance)**

**Suggested Readings:**

1. Abelin, T. Brzenski and V.D. Carstairs. Measurement in Health Promotion and Protection. Copenhagen: WHO.
2. Alderson, M. 1983. An Introduction to Epidemiology. 2nd Ed. London: Macmillan.
3. Bhattacharya, Sanjay Dr. 2008. Social Work: Psycho-Social and Health Aspects. New Delhi: Deep & Deep.
4. Francis, C. M. 1991. Promotion of Mental Health with Community Participation. Kerala: The Center for Health Care Research and Education.
5. Jay, Pee. 1994. Diagnostic and Statistical Manual of Mental Disorders (DSM IV). New Delhi: Oxford Press.
6. Kaplan, Saddock. 1994. Synopsis of Psychiatry 7th Ed. New Delhi: BI Waverly Pvt. Ltd.
7. Kappur. M. Sheppard. Child Mental Health-Proceedings of the Indo-US symposium.
8. Mane P. &Gandevia K. 1994. Mental Health in India Issues and Concerns. Mumbai: Tata Institute of Social Sciences.
9. Shepherd, Michael et al. 1971. Childhood Behaviour and Mental Health. London: University Press. 10. World Health Organization. Geneva. 1992. The ICD
10. Classification of Mental and Behavioural disorders, Clinical Description and Diagnostic Guidelines; Oxford University. Press