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| **NAME OF THE PROGRAMME** | **MASTER OF SOCIAL WORK** |
| **SEMESTER** | **I** |
| **COURSE CODE** | **MSW-103** |
| **COURSE TITLE** | **PSYCHOLOGY FOR SOCIAL WORKERS** |
| **NATURE OF THE COURSE** | **CORE** |
| **TOTAL CREDIT** | **3** |
| **MARKS** | **100** |

**COURSEOBJECTIVES:**

* To understand the relevance of Psychology to social work practice
* To develop an understanding of the biological and social growth of the individual as thinking, feeling and responding person.
* To learn about Human Behavioural processes and theoretical approaches.

**LEARNING OUTCOMES:**

* Students will be able to apply these theories to their own personal or professional experiences in Social Work Practice.
* Develop their theoretical understanding of Human Development across the Life Span.

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| **Unit** | **Name of the unit** | **Contents** | **L** | **T** | **P** | **Marks** |
| **1** | **Psychology** | Meaning, Definition, Methods, Fields of Psychology- Clinical, Cognitive, Developmental, Community, Child and Counselling; Relevance of Psychology to Social Work practice; | 09 | 04 | - | 15 |
| **2** | **Concepts in Psychology** | Memory: Stages in Memory; Motivation: Meaning, definition, types and Characteristics of motives, theories of motivation; Emotion: Components of Emotion, Characteristics and Theories of Emotions;Attitude: Meaning, Definition, Nature of Attitudes, stereotypes and prejudice; Personality: Meaning, Definition, types and factors influencing Personality, theories of Personality | 09 | 04 | - | 15 |
| **3** | **Developing through the Life Span** | Concept, patterns and principles of Development, Determinants of development; Developmental tasks; Maturation and learning;Biological aspects of human growth and development: Human reproductive system; Heredity versus Environment theories of human growth and development. | 09 | 04 | - | **15** |
| **4** | **The Individual in the Social World** | Concept of Self, Self Knowledge, Self Esteem, Regulating and Controlling the Self, Evaluating and Presenting the Self, Rejection and Ostracism; Theories of Human Development: Freud’s Psychosexual theory; Erikson’s Psychosocial theory; Eysenck’s Personality Theory; Piaget’s theory of Cognitive Development | 09 | 04 | - | 15 |
| **TOTAL CONTACT HOURS** | | | 52 | | | 60 |

* **Note: End Semester Exam 60 Marks, In Semester 40 Marks (20 in Semester, 5 Presentation, 5 Assignment, 5 Classroom Participation and 5 Attendance)**

**RECOMMENDED READINGS:**

1. Archambeault, John. (2009). Social Work and Mental Health, UK: Learning MattersPvt Ltd.
2. Bee Helen L., Mitchell Sandra K. (1984). The Developing Person: A Lifespan Approach, New York: Harper and Row Publishers Publishing Co Ltd.
3. Clifford, Morgen and King, Richard. (1975). Introduction to Psychology, New York: McGraw Hill Inc.
4. Coleman, James C. &Broen William E. (1972). Abnormal Psychology and Modern life, India: D. B. Taraporevala Sons and Co. Pvt. Ltd.
5. Crawford, Karen and Janet Walker. (2010). Social Work and Human Development, UK: Learning Matters Pvt Ltd. (3rd Edition).
6. Gilavich, Keltner, &Nisbett(2012)Social Psychology (3rd Edition). Chapter 6.
7. Hurlock, Elizabeth. (1976). Personality Development, New Delhi: Tata McGraw Hill Publishing Co. Ltd.
8. Ingleby Ewan. (2006). Applied Psychology for Social Work, UK: Learning Matters Ltd.
9. Mangal,S. K. (2007). General Psychology, New Delhi: Sterling Publisher Pvt. Ltd.
10. Paula Nicolson, Rowan Bayne and Jenny Owen. (2006). Applied Psychology for Social Workers,UK: Palgrave Macmillan Ltd. (3rd Edition).
11. Ruseel and Smart. 1975. Readings in Child Development and Relationships. New Delhi: Light &Life Publishers.
12. Sinclair, David. 1978. Human Growth after Birth. London: Oxford Medical Publications.