

## **‘Health and Hygiene’ awareness programmes on Sept’ 16 (2019),**



The Key Resource Centre (KRC), Dibrugarh University (DU) as per its ongoing community development initiatives in rural outback of the society and educational institutions , have been carrying out several awareness programs among school students to educate them on basic and essential hygiene routines in day to day life. With this objective in mind, SBM team members Meghalee Chetia and Gauranga Bora on Sept’ 16 (2019), conducted ‘Health and Hygiene’ awareness programmes , in the school premises of 1 No Mohmari Lower Primary ( L.P. ) and Rowmari Dihingia L .P. Schools’ , under Barbaruah Block.

Hygiene and health related information were given away to the students concerned by the SBM team members, who made them understand the import of maintaining better sanitation habits to lead a disease free life. Meghalee and Gauranga highlighted before the students in what way application of sanitation practices from early period of life makes a person attain good physical

condition towards leading a hale and hearty lifestyle. Later, in an interactive session held in the respective schools, the students exchanged their understanding of what hygiene and health means to them and in what way they practice them in their daily life.

In the program carried out, the Principals' Nibaran Bora of Rowmari Dihingia LP School and Junali Hazarika of Ino Mohmari LP School, and teachers of the respective schools, appreciated the program undertaken by SBM DU. Such efforts to reach out to students through instructive programs facilitate them to identify with health and hygiene sense of duty.